



VTAP

Navy Virtual Transition Assistance Program



TRANSITION ASSISTANCE PROGRAM



The Navy provides interactive virtual webinars through the Virtual Transition Assistance Program (VTAP) for all eligible service members preparing to transition back to civilian life. Service members must complete their required congressional-mandated training at no less than 365 days before their official retirement or separation from military service. VTAP is designed for Service members who are unable to attend in-person training sessions in a timely manner. VTAP webinar classes are available to Service members and their spouses at any stage of their career and at any time zone.

MAY 2026

Schedule is Subject to Change

WEEK of 4-8 MAY		Date	EDT	Millington	San Deigo	Hawaii	Bahrain	Japan			
2 hrs.	Pre-Separation Briefing	4 MAY	7:00 PM	6:00 PM	4:00 PM	4 MAY	1:00 PM	5 MAY	2:00 AM	5 MAY	8:00 AM
30 mins.	Managing Your Transition	4 MAY	9:15 PM	8:15 PM	6:15 PM	4 MAY	3:15 PM	5 MAY	4:15 AM	5 MAY	10:15 AM
1.5 hrs.	MOC Crosswalk	4 MAY	10:00 PM	9:00 PM	7:00 PM	4 MAY	4:00 PM	5 MAY	5:00 AM	5 MAY	11:00 AM
4 hrs.	Financial Planning for Transition	5 MAY	7:00 PM	6:00 PM	4:00 PM	5 MAY	1:00 PM	6 MAY	2:00 AM	6 MAY	8:00 AM
8 hrs.	DOL (1Day) Employment Fundamental for Transition	6 MAY	7:00 PM	6:00 PM	4:00 PM	6 MAY	1:00 PM	7 MAY	2:00 AM	7 MAY	8:00 AM
WEEK of 11-15 MAY		Date	EDT	Millington	San Deigo	Hawaii	Bahrain	Japan			
2 hrs.	Pre-Separation Briefing	12 MAY	8:00 AM	7:00 AM	5:00 AM	12 MAY	2:00 AM	12 MAY	3:00 PM	12 MAY	9:00 PM
30 mins.	Managing Your Transition	12 MAY	10:15 AM	9:15 AM	7:15 AM	12 MAY	4:15 AM	12 MAY	5:15 PM	12 MAY	11:15 PM
1.5 hrs.	MOC Crosswalk	12 MAY	11:00 AM	10:00 AM	8:00 AM	12 MAY	5:00 AM	12 MAY	6:00 PM	13 MAY	12:00 AM
4 hrs.	Financial Planning for Transition	12 MAY	1:00 PM	12:00 PM	10:00 AM	12 MAY	7:00 AM	12 MAY	8:00 PM	13 MAY	2:00 AM
8 hrs.	DOL (1Day) Employment Fundamental for Transition	13 MAY	8:00 AM	7:00 AM	5:00 AM	13 MAY	2:00 AM	13 MAY	3:00 PM	14 MAY	9:00 PM
8 hrs.	DOL (2Day) Vocational Day 1 8am-4pm Day 2 8am-4pm	14 MAY	8:00 AM	7:00 AM	5:00 AM	14 MAY	2:00 AM	14 MAY	3:00 PM	-	-
		15 MAY	8:00 AM	7:00 AM	5:00 AM	15 MAY	2:00 AM	15 MAY	3:00 PM	-	-
WEEK of 18-22 MAY		Date	EDT	Millington	San Deigo	Hawaii	Bahrain	Japan			
2 hrs.	Pre-Separation Briefing	19 MAY	9:00 AM	8:00 AM	6:00 AM	19 MAY	3:00 AM	19 MAY	4:00 PM	19 MAY	11:00 PM
30 mins.	Managing Your Transition	19 MAY	11:15 AM	10:15 AM	8:15 AM	19 MAY	5:15 AM	19 MAY	6:15 PM	20 MAY	12:100 AM
1.5 hrs.	MOC Crosswalk	19 MAY	12:00 PM	11:00 AM	9:00 AM	19 MAY	6:00 AM	19 MAY	7:00 PM	20 MAY	1:00 AM
4 hrs.	Financial Planning for Transition	19 MAY	2:00 PM	1:00 PM	11:00 AM	19 MAY	8:00 AM	19 MAY	9:00 PM	20 MAY	3:00 AM
8 hrs.	DOL (1Day) Employment Fundamental for Transition	20 MAY	9:00 AM	8:00 AM	6:00 AM	20 MAY	3:00 AM	20 MAY	4:00 PM	20 MAY	11:00 PM



www.ffsp.navy.mil

CNIC's Learning Management System (LMS)

Regardless of a sailor's career stage or time zone, VTAP webinar classes are available. To register for any session, log in to <https://mynavyfamily.com>